



# abm

Association of Breastfeeding Mothers

## ***Annual Conference***

# **Saturday 17 June 2017**

Woburn House, Tavistock Square,  
Kings Cross, London WC1H 9HQ

*networking  
opportunities*

*practical  
group  
workshops*

*sharing  
experiences*

# **Back to Breastfeeding Basics**

***Guest speaker: Toni Harman***

**Microbiome and breastfeeding : the critical role  
of breastfeeding for a baby's lifelong health**

### ***Practical workshops***

Improve your knowledge and skill in supporting breastfeeding mothers at our friendly ABM workshops led by our team of lactation consultants, breastfeeding counsellors and health professionals:

- **Sore nipples – causes and solutions**
- **Supporting a family with a tongue-tied baby**
- **The world of expressing and breastpumps**
- **Positioning and attachment – the lowdown**

**Ticket price:**

**ABM breastfeeding counsellor active on helpline £20**

**ABM trainee breastfeeding counsellor £35**

**ABM mother supporter £40**

**ABM member £45 (before 18 April) or £55**

**Non member £90 (before 18 April) or £110**

**Lunch included**

# **booking: [www.abm.me.uk](http://www.abm.me.uk)**

enquiries: [admin@abm.me.uk](mailto:admin@abm.me.uk)

registered charity no 280537

